

Employee Assistance Program

Live Online Video Support

Online Employee Assistance Services

Live Online Video sessions with an EAP Consultant

Online Video Support provides online access with EAP consultants to:

- Provide advice customized to your situation
- Answer questions
- Assist you with problem resolution

Benefits:

- No need to leave home or office for an appointment
- Professional and confidential
- Personal connection that comes with talking face-to-face
- Solution focused resolution to problems

Security and Confidentiality:

Physical, technical and administrative safeguards (including encryption techniques) are used to protect the confidentiality and security of personal information that may be transmitted using this service. Users correspond with their secure online Skype account and all data is protected using 1024-bit public-key key exchange protocol to establish keys for a 256-bit AES encrypted channel. All accounts are protected by usernames and passwords.

